Camp Huston Summer Camp COVID-19 Policies and Procedures

Last Updated: June 6, 2021
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Introduction

Camp Huston will be operating under the Washington state guidelines for operation under phase 3 of reopening. Please note that, at times, Camp Huston's COVID policies will be more or less verbatim with the Washington state guidelines. While some of Camp Huston's existing camp culture is conducive to these requirements, a lot will be different. Although we are happy to be able to operate this summer, we acknowledge that there will still be a sense of loss that we cannot have "normal" camp. Sacrificing this summer's camp operations is our responsibility to end this pandemic. This document will outline the new policies and procedures so that campers, parents/guardians, and staff can know what to expect this summer. Please understand that **the health and safety of all people at camp take the highest priority while we are operating**. These policies and procedures make it possible for Camp Huston to be open this summer.

We also acknowledge that there is no way we can guarantee that COVID-19 will not be present. These policies and procedures are meant as prevention, in a fashion called the Swiss Cheese Model. This means that, by layering prevention methods (masks AND frequent hand washing/sanitizing AND increased outdoor time AND implementing firm cohorts), we can make the holes through which COVID-19 may slip much tighter. Imagine several slices of swiss cheese stacked on top of each other.

As information, situations, and phases change, so will our COVID-19 policies. We will be frequently updating the Camp Huston community with changes as they occur.

All versions of our policies and procedures are informed by the following:

- Outdoor Recreation COVID-19 Guide (PDF)
- COVID-19 Prevention Guidance and Reopening of Water Recreation Facilities in Phases (PDF)
- Eating and Drinking Establishment COVID-19 Requirements (PDF)
- The ACA's Field Guide for Camps (website)

Additionally, we also cross-referenced our COVID-19 policies and procedures with the policies and procedures from other operating summer camps across Washington state. By cross-referencing with other camps' COVID-19 policies, we can see a) how other camps are interpreting and implementing the same state-required policies, b) what other camps are doing that may not be a state requirement but are considered good practice, and c) how Camp Huston can integrate these policies and practices into our own unique camp setting.

The following principles are guiding our program, policies, and procedures during this time:

- COVID-19 Best Practices[1]
    - Ex. Mask wearing, social distancing, testing and reporting symptoms.
- Camp Programming
    - Ex. Cohorts, outdoor activities, communication between staff.
- Creating a Safe, Clean Environment
    - Ex. Frequent disinfection, limiting guests.

General Requirements

- Masks are required at all times.
- Frequent hand-washing or hand-sanitizing is expected.
- Maintaining 6 feet of distance with non-pod individuals when possible.
- All individuals at camp will be screened daily for COVID symptoms.
- No visitors will be allowed in indoor community spaces (Curtis Lodge) or cabins.

Pre-Camp Requirements

As with our existing policies and procedures, signing up for camp means the camper is ready and willing to adhere to such policies and procedures. Our COVID-19 policies are no different, as they insure the safety of all people at camp as well the success of campers and staff in the camp program.

Before Camp

Campers and staff are required to do the following: a) be fully vaccinated[2] OR b) receive a negative COVID-19[3] test no more than 3 days prior to the arrival at camp and remain in quarantine between the test and the start of camp. The ACA suggests, and we will require, monitoring your camper for COVID-like symptoms in the two weeks leading up to camp. Please see Appendix B for examples of the questions you should ask to determine if you are feeling COVID-like symptoms. Campers or non-resident staff who receive a positive COVID-19 test will not be admitted to camp. Proof of a negative test result or full vaccination is required upon arrival.

For Washington state testing locations, please see: https://www.doh.wa.gov/Emergencies/COVID19/TestingforCOVID19/TestingLocations

Camp will not be offering the van to shuttle kids to camp this year. This is partially due to the logistics associated with COVID-19 safety compliance in shared transportation, and because we think it is best practice if a parent/guardian of the same household is present at check in.

[1] As informed by the CDC, Washington Dept. of Health, and Snohomish County Dept. of Health
[2] "Fully Vaccinated" is defined by the CDC as 2+ weeks after receiving the 2nd dose of the two-dose vaccine (Pfizer or Moderna) or 2+ weeks after receiving the single-dose vaccine (Johnson & Johnson).
[3] A PCR test is preferred.

Arrival at Camp

- This year, camper registration will take place in Upper Camp by Curtis Lodge. Drive up the driveway instead of turning left immediately after the entrance gate. Follow signage and staff pointing you in the right direction.
- Please stay in your car! A staff member will walk you and your camper or non-resident staff through a COVID-19 disclosure and screening form.
    - A staff member will take your camper's temperature with a contactless thermometer through the window. They will ask a series of questions about whether the camper has experienced COVID-like symptoms or has been potentially exposed to the virus.
- If you do not have proof of a negative COVID-19 test or full vaccination, you will not be admitted to camp.
- After the COVID-19 screening, registration will continue as normal.
- During check-in, all families or individuals are expected to maintain 6 feet of space. Camp Huston will provide markings to help guide the process.
- Unlike past years, campers will immediately separate into their cabin groups after completing check-in. Unfortunately, parents/guardians will not be allowed to tour the camp.

Safety Guidelines

While the ideal model for limiting COVID-19 transmission would be all components of The Big Three (mask wearing, being outside, 6 feet of distance between individuals), we recognize that doing all three all the time is not possible. In this case, individuals should go for a passing grade: 2 out of 3. When interacting with non-cohort individuals, participants should observe at least two out of The Big Three to lower their risk of exposure. The difference in programming should help with this process-- we will be staying outdoors whenever possible, and participating in activities as a cohort, for example.

Mask Guidance

Masks are required at all times for all participants, even if someone is fully vaccinated. Exceptions to this are when you're eating or drinking, brushing teeth or showering, or sleeping. There are also exceptions for certain recreation activities such as swimming. Fully vaccinated individuals will need to pack and wear masks, since there will be others who have not been vaccinated. Please observe the following CDC recommended guidelines for masks:

- Masks must fit well
- Masks should have multiple layers of fabric
- No bandana or gaiter style masks
- Just like socks and underwear, treat masks as a necessity and **pack enough for the whole session!**
    - At least one mask for each day of camp, extras strongly recommended.
    - Best practices include carrying an extra mask with you if your current mask gets dirty or wet.
- Masks will be provided if a camper or staff member forgets theirs.

Miscellaneous Safety Guidelines

- Water Fountains: Public water fountains will NOT be operating! Please have your camper pack a refillable water bottle!
- The Pool: Fortunately, our modified camp structure allows us to align with the Washington requirements for pool operation under Phase 3 reopening. In this case, cohorted Discovery Groups will be using the pool one group at a time. If campers are not swimming, they will wear masks. We will have two sets of pool toys, so that Discovery Groups will not share toys. Lifeguards will be provided PPE and trained on how to lifeguard with COVID-19 in mind[4].
- Campouts: Unfortunately, due to health guidelines, going on campouts this summer will not be possible. Requirements state that sleeping heads must be 6 feet apart, and none of our tents allow for this space. We will, however, still be doing cookouts in Discovery Groups.
- Bunks: All bunk beds have been measured to assure they allow for 6 feet of space between sleeping heads.
- Bathhouses: Bathhouses will be used in rotation so that only one cabin group is using them at a time. Please see Appendix A for an example of the modified schedule.
- Singing: Singing and performing is an integral part of the Camp Huston experience. In settings where singing will occur (chapel, campfire, variety show), we will be sure to hit all components of The Big Three: masked, distanced, and outside.
- Hiking: Utilizing the Wallace Falls State Park for day hikes will still be part of the camp experience. Here are some things we'll do to limit exposure when encountering strangers on the trail:
    - Utilizing the Railroad Grade before cutting over to the Woody Trail, since it is wider and can allow for 6 feet between campers and the public.
    - Hikes not crossing over into mealtimes, so campers won't have to take their masks off to eat a sack lunch.
    - Having camp's upper management help disinfect and distribute safety whistles to ensure whistles aren't cross-contaminated.

Modified Camp Structure

Fortunately, Camp Huston's structure of ≤ 8 campers in a cabin with 1 or 2 counselors is conducive to the Washington state COVID guidelines[5]. However, we are further decentralizing our camp structure. This means that:

- Campers will spend a majority of their time in their cabin groups.
    - This includes mealtimes and "free" times like Cabin Time and Activity Time.
- Campers and cabin groups will still function in Discovery Groups during the daytime, meaning each cabin will be paired up with another cabin of similarly aged campers. Similar to cabin groups, campers will spend more time in their Discovery Groups throughout the day than normal.

[4] Washington State Parks and Rec have released a plan for lifeguard training in the pandemic, which is recognized by the DOH. All lifeguards will be trained according to this plan.
[5] WA Guidelines state that 1) camp capacity is determined by sleeping arrangements and 2) cohorts should not exceed 16 people.

    - Our structure will still allow for “free” time where campers won’t necessarily be doing activities planned by staff, but there will be an increased emphasis on spending time in determined pods.
- To make sure Camp Huston complies with necessary capacity requirements, we will only be using the Olympic Cabins this year. Unfortunately, this does mean registration will be much more limited than usual.

Other miscellaneous changes to Camp Huston’s structure include the following:

- Mealtimes:
    - All meals will be outside.
    - In the event of inclement weather, we will use the dining hall, which is large enough to adequately accommodate the modified, smaller capacity of camp this year with more than enough space in between tables. Doors and windows will be opened to allow better airflow.
    - Instead of mingling in the meeting room before mealtimes, cabin groups will take turns washing hands before sitting at a table while waiting for the meal to begin.
    - Discovery Groups will still be dismissed at the end of the meal like normal.
    - When not eating or drinking, masks will be worn.
    - While a specific Discovery Group will host a meal, the responsibilities of the hosting group will be more limited. The hosting group will:
        - Distribute stacks of plates, cups, and utensils to tables (but not setting each spot like usual)
        - Plan a grace to lead before the meal
        - Make sure tables have been thoroughly bussed
        - Clean up trash after the meal
    - Because cabin groups will be sitting together at meals, they will also share some of the hosting responsibilities, like:
        - A table representative will retrieve the whole meal’s components on a tray (instead of retrieving each individual food dish) to cut down on foot traffic.
        - At the end of the meal, table groups will be individually dismissed to bus their own tables.

Activity time will operate on the same time schedule, but we have a few options of how to hold Activity Time to limit Discovery Group mixing. Take a look at the options below:

- Activity Time (version 1)
    - This year, Activity Time will operate on a rotation. Since there are only 2 activities available each day, but 4 Discovery Groups, groups will take turns.
        - For example, DG1 does swimming and archery on Monday, and does an arts n craft and active game on Tuesday.
        - Popular activities like Tie-Dye will be offered multiple days so that each DG gets a chance to do it.
- Activity Time (version 2)
    - This year, Discovery Groups and Discovery Group Leaders will get to schedule their activities.
    - The first two days of camp, each DG will get a chance to do each activity once.

        - The final three days of camp, the DG and DGLs will work together to plan their activities for the following day.
            - DGLs will be in charge of deliberating with each other to schedule. Groups may have to plan for their second or third choices.
- Camper Medication Distribution
    - It will be the responsibility of the camp nurse for the week to distribute medications. This is to avoid a line that campers and staff must wait in to receive medications.
        - This will also be the plan for bedtime medications. If your camper requires treatment (ex. applying an ointment in private), the nurse will form a plan with your camper.
- Evening Community Time
    - Campfire
        - In the past, we've only used half the circle to create space for a "stage". This year, the entire Campfire Circle will be utilized to allow Discovery Groups enough space between each other.
    - Variety Show
        - To avoid having all campers and staff enclosed in the Meeting Room, where we usually hold the Variety Show, we will instead use an outdoor space like the sports court, campfire circle, or circle lawn to allow more airflow during the event.
- Chapel
    - Discovery Groups will still have the opportunity to plan and lead a chapel service. Since the St. John in the Woods Chapel is large enough to accommodate the modified, smaller capacity of camp this year, we will use this space like normal, and place markers to ensure Discovery Groups are all sitting with 6 feet of space between them.
- Community Bathroom Usage
    - Please see Appendix A for the modified daily schedule, which includes assigned bathroom timeslots.
    - To avoid sharing indoor space with people not in their Discovery Group, cabin groups will take turns in the bathroom for personal hygiene. Shower times will be split so that two cabin groups can shower in the morning and two can shower in the evening.

Cleaning

Recently, the CDC updated their COVID-19 cleaning guidance, since the risk of infection from touching a surface is considerably low[6]. We will be following the CDC's suggestions for cleaning and disinfecting. Staff will be responsible for cleaning the community bathhouse each day, including the Cascade Bathhouse although the Cascade Cabins will not be in use, to

[6] Although professionals have been saying infection through touch is low, the CDC only recently updated their guidance on April 5th, 2021 to reflect an alignment with this information.

ensure quality cleaning. Staff will also be cleaning the following hi-touch areas *at least* once a day:

- All door handles of cabins, bathhouses, bathrooms, and Curtis Lodge.
- Miscellaneous hi-touch areas like light switches, bathroom stall doors, sinks, and soap dispensers.

The following items will be cleaned after a group uses them:

- Community sports equipment on Olympic Field and the Sports Court
- Initiative supplies found in the Initiative Hallway
    - Blankets used in initiatives will be washed

The end-of-session cleaning will also be more thorough, and the responsibility of staff. All cabins will be aired out and bunks disinfected, following the normal procedure of wiping down mattresses.

The kitchen staff will be responsible for cleaning all relevant kitchen equipment. Full cleaning procedures for the kitchen are available upon request.

Staff Time Off

We will be following the Washington state guidelines in regards to staff time off. This means that:

- While camp is in session, no staff members are allowed to leave camp.
    - The only exception is if a staff member is taking a hike at Wallace Falls State Park. If a staff member takes a hike, they must adhere to the modified safety guidelines for hiking at the state park.
    - If a staff member is in need of personal supplies, please notify the director or program director.
    - Because Gold Bar Family Grocer has consistently not complied with state and county health requirements, we recommend staff to shop elsewhere.
- While camp is not in session, fully vaccinated staff may leave camp on their time off.
    - We ask that these staff members avoid the following:
        - Indoor restaurants or bars
        - Indoor gatherings with anyone not on Camp Huston staff (outdoor, masked gatherings are fine).
    - Staff are required to provide vaccination verification in order to leave camp property on time off.
- For non-resident or underage non-resident staff working back to back sessions:
    - Typically, there is at least one day (24 hours) off in between sessions. Camp Huston is working on a plan that would allow non-resident staff to remain on camp property during this time off if they are working back to back sessions. This is because we're aware of the short timeline we have: if a staff member goes home for one day, there will not be enough time to effectively test for COVID-19 and quarantine in between sessions.
- Non-resident or undersage non-resident staff who are not working back to back sessions are expected to adhere to the pre-camp requirements of taking a COVID-19 test and quarantining between the test and the start of the next session they work.

Visitors

Visitors are defined as people not living on camp property or people who live on camp property but are not essential to camp operation. Washington state guidelines do not allow visitors at camp. Aside from registration and pick up at the end of sessions, parents/guardians will not be allowed on camp property. The only exception is in the case of medical emergencies or to pick up their camper early. Both late arrival to camp and non-medical early releases from camp will not be allowed this year.

People who live on camp property but work off-site or aren't essential to camp's operations will not be allowed in community spaces like mealtimes or inside Curtis Lodge while camp is in session.

We will be allowing service providers, contractors, and deliveries onto camp property. In these cases, these individuals will be interacting with as few camp participants as possible (limited to the upper camp management), wearing masks, and meetings kept outside. If a professional needs to enter a camp building, it will be cleared of campers and non-relevant staff.

Going Home

Perhaps one of the biggest losses this year will be our revised Going Home procedure. Usually, families and guardians join us for a final chapel service on the last morning of camp. Unfortunately, this community reunion is not viable with our plan for reducing and preventing the spread of COVID-19. Our closing chapel service will occur on the last night of camp.

On the final morning of camp, All Camp Cleanup, Cabin Cleanup, and packing up will still occur like normal. All groups will remain together on the Circle Lawn by Curtis Lodge. Pick up time is 10am. Parents/Guardians will be able to do a drive-through style pick up process in the driveway. Parents/Guardians should stay in their car unless they require a restroom break. Checking out with the registrar will occur like normal.

In the Event of COVID-19 Symptoms and/or a Positive COVID-19 Test

Because of Camp Huston's environment, programming, and timeline, we are able to follow the CDC's Guidance for Operating Child Care Programs during COVID-19 very closely when it comes to identifying COVID-19 symptoms. Because Camp Huston only hosts sessions of one week or less, if any campers or staff exhibit symptoms, they will be sent home. This is to protect the safety of our entire community. Our response to COVID-19 symptoms are in accordance with the Snohomish Health District's COVID-19 response.

Prevention

We hope our pre-camp preventative measures (required negative test or full vaccination, quarantine, arrival-day screening and rapid antigen test in the case of suspected illness) will be thorough enough to prevent anyone with COVID-19 or COVID-19 symptoms into camp. However, understanding that people may be a) asymptomatic, b) unaware of being exposed, or c) have latent emergence of symptoms, we know that fully eliminating the possibility of COVID-19 at camp is impossible. As such, we will also conduct daily COVID symptom screening and temperature checks every morning. In the event that someone shows symptoms, we will apply the following protocol.

Quick Action

If someone exhibits COVID-like symptoms, we will isolate them immediately in either side of St Francis. This allows us to have multiple campers in isolation. The individual will receive a rapid antigen test. We will inform both the individual's cabin members and other members of the Discovery Group, as they are the closest in contact. All members of the Discovery Group will also be tested for COVID-19 via rapid antigen test. Regardless of whether the symptomatic individual tests positive or negative, we will alert their parent/guardian and arrange for them to return home. If the individual exhibits symptoms that require medical intervention, Camp Huston is responsible for obtaining transport to a clinic or hospital.

If the symptomatic individual receives a positive test result, Camp Huston is required to report it to Snohomish Health District while respecting HIPAA rules.

While the Discovery Group is waiting to receive their test results, they will be in modified isolation. All programming will occur away from other Discovery Groups. They will experience a modified Activity Time to ensure isolation and sanitation. Modified dining plans (such as sack meals away from the rest of camp) will also be in place. Discovery Group leadership will work with the Directors to form a plan that minimizes exposure risks to other members of the camp community. If no one else in the Discovery Group exhibits symptoms or receives a positive test result, they may continue with normal camp programming.

If your camper exhibits COVID-like symptoms and/or receives a positive test result in the 14 days after they have returned home from camp, **please alert Camp Huston** so we may notify other campers and staff who may have been in close contact with your camper and complete contact tracing report required by the health department.

Thank You

Thank you to all parents, guardians, campers, and staff. We recognize that this summer will be incredibly different. Just as the pandemic adapts, so will we! This document, our training, and our programming is subject to change as we navigate operating during a pandemic. We believe that our Camp Huston Community will do its part to make this summer the best it can be in the circumstances we find ourselves. Thank you for your cooperation and support!

Appendix A: Modified Camp Schedule

7:00	Wake up 7:00-7:15: Hosting bathroom timeslot 7:15-7:30: A bathroom timeslot 7:30-7:45: B bathroom timeslot 7:45-8:00: C bathroom timeslot
7:45	Hosting
8:00	Breakfast
8:45	Cabin time/staff planning

9:15	Morning Discovery Group Time
11:45	Hosting
12:00	Lunch
12:45	Quiet Time
1:30	Activity Time
3:30	Snack
3:45	Afternoon Discovery Group Time
5:30	Hosting
5:45	Dinner
6:30	Cabin time/staff planning
7:15	Evening Discovery Group Time
8:30	Reflection
8:45	Chapel
9:15	End of evening activities/get ready for bed 9:15-9:25: A bathroom timeslot 9:25-9:35: B bathroom timeslot 9:35-9:45: C bathroom timeslot 9:45-9:55: D bathroom timeslot
10:00	Lights out

Appendix B: COVID-19 Screening Questions

Screening campers for COVID-19 will include the following questions. These will be used every morning for screening, as well as the initial check in. Please use this guide in the 14 days leading up to camp, and familiarize your campers with them.

To my knowledge, I have not been in close or proximate contact with anyone who has had symptoms of COVID-19 in the past 14 days.
I have not tested positive for COVID-19 in the last 14 days.
I have not travelled out of the state or the country in the last 14 days.
I have not experienced symptoms of COVID-19 in the past 14 days, including but not limited to fever, fatigue, difficulty breathing, or dry cough.